

TOP 100

ABOMINABLE EXPRESSNOWMAN CHALLENGE

DECEMBER 1 - 31



The Abominable Expressnowman lives inside all of us. Release the beast by roaming the wintery mountaintops and powering through some of the coldest, toughest tours known to the region. After completing this month's ride, your elusive Yeti roar will echo through to Espresso bikers all over the world.



TOUR	DISTANCE	DIFFICULTY
Redwood Dash	1.5 Miles	★★★★
Campus Loop	2 Miles	★★★★
Evening Bliss	2.3 Miles	★★★★
Alpine Splash	2.9 Miles	★★★★
Billy Goat Falls	5.3 Miles	★★★★
Moody Ambush	5.4 Miles	★★★★
Broken Spoke	5.4 Miles	★★★★
Sunday Afternoon	7 Miles	★★★★
Apple Grinder	7 Miles	★★★★
Oh Mama	7.8 Miles	★★★★
Stormy Hollow	7.8 Miles	★★★★
Rough Rider	8.3 Miles	★★★★
Vindicator	12.2 Miles	★★★★
Savage Revenge	20 Miles	★★★★

THE RULES

It's simple. Complete all the designated tours in the Abominable Expressnowman Challenge during the month. Riders who do will be honored with a Yeti badge next to their name on the Top 100 and receive half-off the special edition Abominable Expressnowman t-shirt.

TEAM PRIZES

The team that burns the most calories/bike will win free t-shirts for all members who complete the ride and will be forever immortalized in the Top 100 Hall of Fame.

THE FINE PRINT

Bikes must be connected to the Internet with eLive and all rides must be reported directly from the bike. Neither team nor individual totals will be adjusted for crashes, flat tires, missed workouts, black ice, or any other down time. Good Luck!

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